Huntington Expertisecentrum
Topaz Overduin

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Baseline study of the Triple-C method in Huntington's disease.

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Background

Topaz is a Huntington Center of Expertise where 80 people live with Huntington's disease.
In 2021, the Triple-C approach was piloted on two HD units (20 beds). Triple-C focuses on meeting clients' fundamental human needs rather than managing behaviour.
Following the pilot, implementation was initiated across all eight HD units. A baseline assessment was conducted before implementation to describe current care practices and enable future comparison.

Aim

To establish a baseline of current care practices before implementation of Triple-C and enable future comparison. Based on a retrospective analysis.

Cross-sectional baseline assessment of the remaining 6 HD units (60 beds)

Methods

Mixed-methods design

- File review: 30 client files were reviewed for restrictive measures, multidisciplinary involvement, and the provision and documentation of unconditional support.
- Interviews: Care professionals from different disciplines were interviewed about client understanding, knowledge of the client, unconditional support, and perceptions of challenging behaviour and its underlying causes.



Results

- Consistency of care: variation was evident in the application and recording of measures restricting freedom.
- Client records: information regarding daily structure, support, and functioning was inconsistently available.
- Unconditional Support: unconditional support was not consistently reflected in the documentation.
- Staff perspective: initial interview findings align with the retrospective analysis.

Conclusions

The baseline provides a starting point for strengthening and evaluating Triple-C implementation in Huntington care.

Staff anticipate that successful implementation requires time, attention and shared commitment

Scan the QR-code for a video on Triple-C at Topaz

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