## A case history

## **Specialized Care: from Home to Topaz Overduin**

Authors: Lia de Jager, Lani Liem, Charlotte van Wijk Huntington Centre Topaz Overduin, Katwijk, The Netherlands A man, diagnosed with HD at forty-four, received care from Huntington Centre Topaz Overduin for almost twenty years. The complexity of HD and the burden for both patient and family requires care in the earliest possible stage of HD. Multidisciplinary custom made care started a year after the diagnosis to enhance both the patient's possibilities and his wife's coping strategies. The offered care changes following the progression of HD.

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his wife's coping strategies. The offered care changes following the progression of HD. 20 Concentration problems and insecurity Loss of initiative, increasingly uninhibited or inadequate reactions Planning disorder, agitation **Concentration problems and insecurity** Relational difficulties Multidisciplinary outpatient guidance by a physician, Planning disorder, agitation psychologist and social worker. Continuing multidisciplinary outpatient Physical health problems, both HD related and others treatment and Day Care with Treatment with specific attention to guarding daily Behavioural difficulties structure and improving the living environment. General decline of health and cognition **Relational difficulties** Loss of initiatieve, increasingly uninhibited or Counselling of spouse and couples therapy by a psychologist **Behavioural difficulties** inadequate reactions and social worker. Short Stays to relieve spouse and give structure to patient. Multidisciplinary outpatient treatment based on a care Medical interventions on behavioural difficulties. and treatment program, combined with Day Care with Intervention in crisis situations. Advise by nursing staff. Treatment. Advising spouse on dealing with HD and its Multidisciplinary consultation. consequences. **Physical health problems** Short Stays for observation. Analysis of problems **General decline** by a multidisciplinary team formed by a physician, Long Stay with weekly visits home. psychologist, social worker, occupational therapist, speech therapist, dietician, physiotherapist and nurses. Different therapies.



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